



Education and Culture DG
Lifelong Learning Programme
Grundtvig

" At the Roots of the United Europe - Relevance of the Benedictine Culture and Tradition"

Practical information

Date of the Workshop: 16-21 April 2012. The program preview 6 full days of activities excluding travel days (arrival on 15th April, departure on 22nd April)

Project number: Please describe your level of English.

Travel: Possible travel by plane/bus/train. The organizers will collect all participants from the airport/train station and take to the venue of the Workshop (Tyniec).

Accommodation & meals: The participants will have an opportunity to learn the specific monastic daily routine, the life in a monastery as well as contact with monks. The guest house where the participants will be accommodated is a part of the Abbey. Based on the experiences of the previous participants of the workshops, it is an added value and often a huge spiritual experience for the people living normally a completely different lives. The organizers will provide single and double rooms and full board.

Important notice:

- Workshop is free of charge – all costs including travel and accommodation will be covered by the workshop organizer, with the support of the European Commission's Grundtvig Programme. The costs of airplane (from the closest airport)/train ticket/bus will be reimbursed based on the invoices and all travel documents (tickets, e-tickets, invoices, including Boarding Passes) on the arrival to the workshop (and after workshop - after venue of the residence).
- Because of the specificity of the place, the participants will be asked to respect the place and observe certain rules of the Abbey (i.e. returns to the Abbey until 9.30 p.m.) - qualified participants will receive a practical guide before the beginning of the workshop.

How to apply:

Recruitment period: 1st November 2011 – 15th February 2012. The application form is available on the following website: www.tyniec.benedyktyni.pl. The application form must be sent completed and signed:

- by traditional mail to:

Opactwo Benedyktynów w Tyńcu
ul. Benedyktyńska 37
30-398 Kraków, Poland

- by email (scan of the application form): workshop_tyniec@benedyktyni.pl



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Daily plan *

Arrival -Day 15.04.2012	<ul style="list-style-type: none"> • Collection from the airport/train station • Accommodation • Organizational and international meeting • Dinner
Day I 16.04.2012	<p>"The Benedictine Heritage in Europe – Introduction to the Workshop"</p> <ul style="list-style-type: none"> • Breakfast • Introductory lecture – welcome to the Abbey, rules of the Abbey, monks daily activities, etc. • Visiting the Abbey and Museum • Lunch • Lecture regarding the Benedictine heritage in Europe – past and present • Visit at Tyniec School – promotion of the European integration (meetings of the workshop participants from abroad with children) • Dinner
Day II 17.04.2012	<p>"The Medieval Scriptorium - part 1 – Calligraphy"</p> <ul style="list-style-type: none"> • Breakfast • Calligraphy workshops – theoretical introduction, familiarizing with different styles of Medieval writing, the history of manuscripts, learning to write with a quill pen, etc. • Lunch • Calligraphy workshops - continuation • Dinner
Day III 18.04.2012	<p>"Music in the Benedictine tradition"</p> <ul style="list-style-type: none"> • Breakfast • Lecture on musical traditions • Choral Workshop - introduction of theoretical classes of voice, "Choral Meditation", etc. • Lunch • Choral Workshop continuation – common singing • Dinner
Day IV 19.04.2012	<p>"The Medieval Scriptorium - part 2 - Illumination"</p> <ul style="list-style-type: none"> • Breakfast • Illumination Workshop – the introduction of theoretical knowledge of the basic techniques of medieval illumination, preparation of paints from pigments according to medieval recipes, making copies of fragments of medieval miniatures • Lunch • Illumination Workshop continuation • Manuscripts and illuminators' works in museums of Kraków



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	<ul style="list-style-type: none">• Dinner
Day V 20.04.2012	<p>"Benedictine Traces in Małopolska Region"</p> <ul style="list-style-type: none">• Breakfast• Lecture on the Benedictines in the Malopolska region, its history and role• Visit to Staniątki - lunch with the nuns• Creative session with the participation of the nuns - "Tradition and innovation - how you can further use / promote the heritage of Benedictines in the united Europe. My impressions. "• Visiting Niepołomice• Dinner
Day VI 21.04.2012	<p>"The Monastery Cuisine and Benedictine products"</p> <ul style="list-style-type: none">• Breakfast• Lecture – discovering the culinary monk traditions• Presentations of unique recipes and product presentations• Joint workshops, cooking and tasting• Lunch• A visit to the shops with the Benedictine Products- travel to Kraków• Farewell Dinner - handing out certificates
Departure Day 22.04.2012	<ul style="list-style-type: none">• Breakfast• Transportation to the airport / train station

** The organizer restricts the right to make minor changes in the detailed plan of the workshop - with no substantive effect on their shape and comfort of participants.*